

How to Participate in Wisconsin's FoodShare Challenge

The Wisconsin Food Security Consortium (www.wisconsinfoodsecurityconsortium.org) invites you to participate in Wisconsin's FoodShare Challenge as a lead up to Wisconsin's Hunger Summit to be held in Stevens Point on October 4, 2007.

For one week, in September 2007, participants will live on the average FoodShare benefit of approximately \$3.00 per day or \$1.00 a meal. Spouses and co-workers are encouraged to join the challenge and share their experience living on a limited food budget.

1. Participants should spend no more than \$21.00 on food and beverages during the week.
2. All food (including fast food and dining out) must be included in the total spending.
3. Participants cannot eat food already owned. You can only eat food that you purchase for the project.
4. Participants cannot accept "FREE" food from friends, family, or at work (including receptions or briefings).
5. Participants should keep track of receipts on food spending and take note of your experiences during the week.

Even if you cannot complete the challenge (due to schedule or budgetary limits), it will still be important to track your experiences.

We encourage you to register your intent to participate in the FoodShare Challenge by signing and submitting the form below. We will also encourage you to share your experiences after the event at the Wisconsin Hunger Summit on Oct 4, 2007 (see www.wisconsinfoodsecurityconsortium.org for more info on the Summit).

To register, please email or fax the following information to: Kadi Row (kadi.row@uwex.edu; fax: 608-265-0787)

I, _____ register for the FoodShare Challenge and will live on an average FoodShare budget (\$3 per day per participant) during the days of _____ in September 2007.

Address:

E-mail:

Phone Number: